



FACILITY GUIDELINES

YMCA CHECK-IN | YMCA members and community participants are required to have their membership card, app, or photo ID to enter the facility; they must also have their photo taken at the Membership Desk for their account to ensure safety and security for all. Members are required to check in each visit to verify current membership, and community participants must sign a non-member liability waiver for the Y to keep on file.

USE OF FACILITIES BY CHILDREN

Ages 16+ | Teens of this age may come to the Y without parent/adult supervision. They also have access to the full fitness center, including free weights.

Ages 12-15 | Children of this age may come to the Y without parent/adult supervision, and after completion of a teen fitness orientation and passing the safety exam, they are allowed to use the cardio and pin select weight machines without restrictions. Orientations may be scheduled at the Member Service Desk.

Ages 8-11 | Children can use facilities with parent/adult supervision after the completion of youth fitness orientation. When accompanied and supervised by a parent/adult, children may use the treadmills, recumbent bikes, and participate in group exercise classes with a parent/guardian in arm's reach at all times.

Ages 7 & under | Children must be accompanied and supervised by a parent/guardian at all times, unless the child is in an organized YMCA program. Children ages 7 & under are not allowed on YMCA of Greater Tulsa fitness floors.

SAFETY The Y uses these measures and more to ensure your safety:

- on-site AEDs (automated external defibrillators) and O2 (oxygen) tanks
- staff certified in CPR, First Aid, AED & O2
- nationally certified lifeguards on duty
- frequent and random walk-thrus of locker rooms and key areas
- background checks conducted on all Y staff and volunteer coaches before allowing them to work with children

SMOKING/TOBACCO PRODUCTS | This policy covers the smoking of any tobacco product, including electronic cigarettes and the use of smokeless (or spit) tobacco. To protect and enhance our air quality and to contribute to the health and well-being of all guests, members, and employees the YMCA shall be entirely smoke free. The use of all tobacco products, including chewing tobacco, is banned from the YMCA campus. This shall include all areas in and around shared property including YMCA on and off site sports fields and camps.

GUEST PRIVILEGES | Community members and guests may utilize YMCA facilities by purchasing a day pass at any location: adults are \$10.00, children are \$5.00.

You are welcome to bring guests; however, all guests under the age of 18 that are not in your legal custody require a guest waiver signed by the legal guardian of the guest and are expected to follow the YMCA of Greater Tulsa guest guidelines. These are available at the member services desk.

Please contact the Branch Operations Director at any YMCA for policies on extended-stay, out-of-town guests.

AWAY PROGRAM | When you join the Y, you join a nationwide association of people. You're warmly welcomed by more than 2,000 Ys across the nation. Check ymca.net for YMCAs participating in the AWAY Program. You are likely to be provided 14 visits annually to Ys on this list; contact the Y you plan to visit in advance to gain further details on their guidelines.

As a member of the YMCA of Greater Tulsa, you also have access to all YMCAs in Oklahoma. This usage is unlimited; however, it is expected that you join in the community where your home residence is.

INSURANCE STATEMENT | The YMCA of Greater Tulsa does not provide accident insurance for injuries sustained during YMCA activities. Members and community participants participate in programs and use the facility at their own risk, and are encouraged to have personal medical insurance coverage.

EXPECTED BEHAVIOR | The YMCA is an inclusive, family-friendly organization. We expect all members and guests to model four core values—caring, honesty, respect and responsibility—in their conduct and language (including on digital and/or social media platforms). Any public displays of affection not meeting the above criteria will result in a warning. The YMCA reserves the right to suspend or cancel a membership at our discretion if actions or behaviors are not deemed in the best interest of the organization.

PERSONAL TRAINING | Personal, partner, and group training are member services. Outside trainers are not allowed in YMCA facilities, this will result in a termination of membership privileges for these individuals.

ATTIRE | The YMCA is a family-friendly facility; please dress appropriately. Athletic shoes must be worn on gym floors. Proper swimsuits must be worn in pool areas. Shirts and closed-toe shoes are required in the fitness centers and group exercise classes.

LOCKER ROOMS AND LOCKERS | Lockers are available for monthly rent through the member services desk. Members and guests should provide their own lock, and remove it daily. Locks left on unrented lockers overnight will be removed and contents placed in the Lost & Found.

TOWEL SERVICE | Towel service is available for a small monthly fee. Facilities that offer towel service are the Downtown Y and the Tandy Family Y. Towel service is available for the monthly or daily rate; contact the member services desk for more information.

LOST AND FOUND | The YMCA of Greater Tulsa is not responsible for lost or stolen items. Lost and found items are kept for two weeks. Inquiries about lost items must be made in person; items not claimed after two weeks will be donated to a local charity.

CELL PHONES | Use of electronic devices, cameras or video recording devices is prohibited in ALL locker rooms and restrooms. Using electronic devices in the locker room for the above use will result in a termination of membership and expulsion from YMCA property.

EMAIL | The Y collects email addresses to communicate electronically with members and program participants. If you do not wish to receive YMCA electronic communications, choose the "unsubscribe" option when you receive your first email.

PHOTO NOTICE | The Y photographs and videotapes various activities for promotional use. Please let the photographer/videographer know if you do not wish to be included in pictures.

SCHEDULES | Current pool, gym, programs, and fitness class schedules are available at the member services desk at our YMCA's, or online at ymcatulsa.org/classes. Schedules are subject to change.

SUGGESTIONS | Share your comments and suggestions at any YMCA or online by emailing info@ymcatulsa.org or [facebook.com/ymcatulsa](https://www.facebook.com/ymcatulsa).

MEMBERSHIP REFUND | Membership fees are non-refundable except in the case of members who paid a full year in advance and are dealing with an injury, major illness or who are moving from the Tulsa metro area. Account credits expire after one year.

BANK DRAFT/CREDIT CARD CANCELLATION POLICY (RETURNED PAYMENTS) | The monthly draft payment plan is a continuous membership or program payment plan and will continue unless the YMCA is NOTIFIED 30 DAYS PRIOR TO YOUR NEXT DRAFT. Cancellations are accepted in person, by completed cancellation form, letter, or via fax with handwritten signature. The YMCA reserves the right to change bank draft fees with a 30-day written notice to members.

RETURNED MONTHLY DUES/PAYMENT | Returned items are subject to a \$25 processing fee.