



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NAMASTE OUTSIDE BY THE POOL

YOGA & AQUA ZUMBA



Green Saturday at Westside Y Saturday July 13th

Gentle Yoga	9:30 am – 10:15 am
Vinyasa Yoga	10:30 am – 11:15 am
Aqua Zumba	11:00 am – 12:00 pm
Pool Party!	12:00 pm – 4:00 pm

ymcatulsa.org/westside

OPEN TO ALL!

Westside YMCA is an outdoor experience for the whole family! After yoga, come take one last dip in our pool before the new renovation starts! It's an awesome time to be a part of the Y!

Saturday July 13th

WESTSIDE YMCA
5400 S. Olympia
(918) 446-1424

