



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUTH FITNESS

Release and Waiver of Liability

PLEASE READ CAREFULLY. THIS DOCUMENT AFFECTS YOUR LEGAL RIGHTS AND IS LEGALLY BINDING. BY SIGNING THIS AGREEMENT, YOU ARE RELEASING YMCA OF GREATER TULSA FROM ALL LIABILITY AND FOREVER GIVING UP ANY CLAIMS THEREFOR

Assumption of Risk

I acknowledge and agree that any use of the YMCA's, services, equipment, and premises ("Facilities") and any participation in YMCA of Greater Tulsa programs and activities ("Programs") comes with inherent risks including, but in no way limited to: (1) moderate and severe personal injury, (2) property damage, (3) disability, (4) death, and (5) sickness or disease including, without limitation, COVID-19. I voluntarily accept and assume full responsibility for these risks as well as any and all other risks of the use of Facilities and participation in Programs. I agree that I have full knowledge of the nature and extent of all such risks and am not relying on all such risks being described in this document.

Waiver, Release, Indemnification & Covenant Not to Sue

In consideration of the use of Facilities and participation in Programs, I, the undersigned, agree that YMCA of Greater Tulsa, its officers, directors, agents, employees, volunteers, insurers and representatives ("Releasees") will not be liable for any personal injury, property damage, disability, death, sickness or disease incurred by myself, my family members, dependents, or guests, including minors, however occurring including, but not limited to the negligence of Releasees. I understand that I will be solely responsible for any loss or damage, including personal injury, property damage, disability, death, sickness or disease sustained from the use of Facilities and participation in Programs.

I further agree, on behalf of myself and any and all legal successors and proxies, to release and **HEREBY DO RELEASE, WAIVE AND COVENANT NOT TO SUE** Releasees from any causes of action, claims, suits, liabilities or demands of any nature whatsoever including, but in no way limited to, claims of negligence, which I and any and all legal successors and proxies may have, now or in the future, against Releasees on account of personal injury, property damage, disability, death, sickness, diseases or accident of any kind, arising out of or in any way related to the use of Facilities or participation in Programs, whether that participation is supervised or unsupervised, however the injury or damage occurs, including, but not limited to the negligence of Releasees.

In further consideration of the use of Facilities and participation in Programs, I agree to **INDEMNIFY AND HOLD HARMLESS** Releasees from any and all causes of action, claims, demands, losses, suits, liabilities or costs of any nature whatsoever, including claims of negligence, arising out of or in any way related to the use of Facilities and participation in Programs by myself, my family members, dependents or guests, including any minors.

Parent/Guardian Signature

Date

Youth Fitness Code of Conduct

The YMCA of Greater Tulsa reserves the right to review any inappropriate behavior and conduct and deny access or membership to any member or guest.

I, _____ (parent or legal guardian), understand that my child (named below) will be held accountable in instances of inappropriate behavior in the following way: 1) Verbal warning by YMCA staff member, 2) Notification to parent, 3) Asked to leave YMCA premises. I understand that as a consequence, my child's and/or my membership may be terminated.

I, _____, as a youth participant of the YMCA of Greater Tulsa, I agree to:
Print Youth Name

1. Use the principles of caring, honesty, respect, and responsibility as a guide for all actions.
2. Take responsibility for my actions and adhere to facility guidelines.
3. Refrain from angry language, bullying behavior, and aggressive physical contact.
5. Be considerate of others.
6. Abide by expected YMCA member conduct.
7. Use my cell phone for personal use only and avoid taking pictures or videos in an inappropriate manner (including all forms of social media) from locker rooms, restrooms, and any area of the Y, involving other members or staff of the Y. I understand failure to do so will result in a termination of membership and expulsion from YMCA property.
8. For all Y@TCC Branches and the Herman & Kate Kaiser YMCA, anyone under the age of 16 must be accompanied by an adult.

Check appropriate boxes:

☐ I verify that I have watched the Youth Wellness Orientation video online

☐ I would like to schedule an orientation with a personal trainer

By signing below, I acknowledge that I understand what areas of the facility I may use.

Youth Signature

Date

Parent/Guardian Signature

Date